

Accelerating and sharing good practice in co-commissioning arrangements for child and adolescent mental health services (CAMHS) : successful pilot areas

A. Co-commissioning a comprehensive care pathway from Tier 1 – 4* (See note below)

• **NEW Devon - £75k**

Builds on NEW Devon CCG and Plymouth City Council integrated working. This will involve working closely with Plymouth Teaching School Alliance to develop whole systems approach for children and young people who may not meet specialist CAMHS criteria but who have significant issues such as self-harm or substance misuse. The pilot will work with education to develop a co-commissioned “Single Point of Contact” for professionals and parents that will identify family risk factors and enable whole family care planning and early help.

Other partner agencies involved in the application

Plymouth City Council

• **Derbyshire - £40k**

This pilot will provide commissioning capacity to enable schools to identify and manage emotional wellbeing and behaviour through early help and will be piloted with five schools as co-commissioners. The commissioned pilot service will build on good practice in integrated working, including ‘team around the school’, with multi-agency meetings to support children, young people and families. The pilot will test a single point of access, with a set of referral and threshold criteria which has been drafted for targeted and specialist services. The aim is to improve appropriateness and timeliness of access to specialist services.

Other CCGs involved in the application

Southern Derbyshire CCG

Erewash CCG

North Derbyshire CCG

Hardwick CCG

Other partner agencies involved in the application

Derbyshire County Council

Derby City Council

Local schools

Primary care

Voluntary and community sector

Children and Young People Derbyshire Healthcare NHS Foundation Trust

Chesterfield Royal Hospital NHS Foundation Trust

Derby Hospitals NHS Foundation Trust

• **Newcastle - £75k**

A joint bid across Newcastle and Gateshead LAs and CCGs. They have already established a joint project to design a whole system approach to family mental health including wellbeing promotion, early support and evidence based practice. The pilot will create new commissioning arrangements by mapping CAMHS services and exploring a variety of contracting and payment methods, including personal budgets. It will build on the existing local waiting times initiative and Targeted Mental Health in Schools project. A group of children, young people and parents will be trained to be involved in the commissioning process.

Other CCGs involved in the application

Newcastle West CCG, Gateshead CCG

B. Joint commissioning across health, social care and education at Tier 2/3.

• Thameside and Glossop - £75k

The pilot will equip all front line staff to be able to identify and respond to mental health issues within an agreed framework for intervention providing clear pathways and access supported by consultation, advice and guidance model. The pilot will review existing thresholds for Tier 2 and Tier 3 Child and Adolescent Mental Health Services (CAMHS), benchmarked with other similar partnership services. They will ensure open consultation into developing thresholds and a service 'core offer' at Tiers 2 – 3, with all partners including children, young people and families.

Other CCGs involved in the application

Through co-commissioning partners of the CAMHS contract and as wider partners of the Pennine Care contract, Stockport, Oldham, Bury and HMR.

Other partner agencies involved in the application

Tameside Metropolitan Borough Council (including Public Health and Education)

Derbyshire County Council

Tameside and Glossop CAMHS (Pennine Care Foundation Trust)

42nd Street (voluntary sector organisation)

• Norfolk - £40k

This is a consortium of Norfolk CCGs and the County Council. The pilot will focus on the learning disabilities pathway. This will allow specialist time to be dedicated to reviewing and jointly commissioning more robust pathways, from a range of agencies, with piloting of how CAMHS and LA outreach teams jointly manage a number of cases.

Other CCGs involved in the application

North Norfolk CCG, Norwich CCG, West Norfolk CCG, Great Yarmouth & Waveney CCG

Other partner agencies involved in the application

Norfolk County Council, Norfolk CAMHS Strategic Partnership (members include a range of Norfolk's statutory and voluntary sector providers and commissioners)

• Southampton - £45k

Currently Southampton City Council and Southampton City CCG undertake joint commissioning within an Integrated Commissioning Unit. The Headstart Project covers 21 schools within the city and includes Emotional First Aid training, school counselling and mindfulness training. The pilot will develop a framework for extending joint commissioning and integrated services to help young people address a range of inter-related personal, practical, emotional, health, social welfare and legal needs simultaneously. The pilot will also identify future opportunities for re-commissioning services looking at all resources currently spent on children and young adults in order to support improved transitions, including extending to a 0-25 service.

Other partner agencies involved in the application

Southampton City Council

No Limits (Southampton) Ltd

C. Co-commissioning by clusters of CCGs with NHS England for Tier 4 CAMHS.

- **Wolverhampton - £75k**

Bid from Black Country CCGs and Wolverhampton LA to scope, map and analyse commissioning of CAMHS Tier 4 and other health funded out of area placements, with the aim of preventing the large numbers of children from the Black Country being placed 'out of area'. The pilot will develop specialist care pathways, improving early intervention and prevention to reduce the use of Tier 4 provision. It will include commissioning urgent care at Tier 3 / Tier 3+ to include focus upon delivering a Black Country wide solution to children and young people requiring admission to a place of safety (under Section 136 of the Mental Health Act).

Other CCGs involved in the application

NHS Sandwell and West Birmingham CCG

NHS Dudley CCG

NHS Walsall CCG

Specialised Commissioning within the Birmingham Black Country and Solihull NHS England Area Team

Other partner agencies involved in the application

The Black Country Partnership NHS Foundation Trust

Wolverhampton City Council

The Children's Society

D. Collaborative commissioning across the transition age span to 25.

- **South Sefton - £75k**

Wide consortium bid including LA and VCS partners. Builds on DfE-funded BOND project (which focused on VCS role in brokering and co-ordinating youth-focused emotional wellbeing services in the community). The pilot will build on existing mapping to enable clearer support pathways for 5-25 year olds, and will work with children, young people and families to design the process. The pilot will use voluntary sector services within the partnership to deliver specific services that meet the needs of young people currently being referred to Tier 3 CAMHS but do not meet the threshold.

Other CCGs involved in the application

Southport and Formby CCG

***CAMHS tiers:**

Tier 1 (Universal services)

These are services whose primary remit is not that of providing a mental health service, but as part of their duties they are involved in both assessing and/or supporting children and young people who have mental health problems. Universal services include GPs, health visitors, schools, early years' provision and others. Universal services are commissioned by CCGs and Local Authorities and schools themselves, and may be provided by a range of agencies.

Tier 2 (Targeted services)

These include services for children and young people with milder problems which may be delivered by professionals who are based in schools or in children's centres. Targeted services also include those provided to specific groups of children and young people who are at increased risk of developing mental health problems (e.g. youth offending teams and looked after children's teams, paediatric psychologists based in acute care settings). Targeted services are commissioned by CCGs and Local Authorities and schools, and are provided by a range of agencies.

Tier 3 (Specialist services)

These are multi-disciplinary teams of child and adolescent mental health professionals providing a range of interventions. Access to the team is often via referral from a GP, but referrals may also be accepted from schools and other agencies, and in some cases self-referral. These services are commissioned by CCGs although there may be a contribution from Local Authorities.

Tier 4 (Specialised CAMHS)

These include day and inpatient services and some highly specialist outpatient services including services for children/young people.

ENDS